

Useful Contacts and Resources for Children, Young People, Families & Communities

The Y WA advocates for promoting community-wide awareness of the rights of Children and Young People to feel safe and be safe. This includes in their homes, their communities and when in organisations. Listed below are some useful community contacts and resources:

Emergency: Ambulance, Fire or Police	000
Interpreter Service Nationwide	1300 308 983
Department of Communities, Child Protection and Family Support	1800 273 889
Ombudsman Western Australia	08 9220 7471
Y Safeguarding	safe@the-y.org.au
National Office for Child Safety	Contact Us Form
Beyond Blue	1300 224 636

Someone to talk to if feeling anxious or depressed, including postnatal depression

[eSafety Commissioner](#) [Contact eSafety](#)

Helps Australians have safer and more positive experiences online

[Parents | eSafety Commissioner](#)

<https://www.esafety.gov.au/first-nations>

<https://www.esafety.gov.au/about-us/counselling-support-services>

[Lifeline](#) 13 11 14

All ages. All issues. Phone counselling and online chat are available all day, every day.

[Health Direct Australia](#) 1800 022 222

Free 24 hour health advice

[Poisons Information Centre](#) 13 11 26

[National Disability Services](#) 9242 5544

[Mental Health Emergency Response Line](#) 1300 555 788

[Crisis: Help and support](#) Metro: 61 8 9223 1111

Country: 1800 199 008

[Kids Help Line](#) 1800 55 1800

[Kidsafe WA](#) 08 6244 4880

Information on preventing child injuries at home and in the community

[Red Nose Australia](#) 1300 998 698

National Domestic Family and Sexual Violence Counselling

[1800RESPECT](#)

1800 737 732

[Zonta House Refuge Association](#)

1800 870 149 option 5

[Stop it Now! Australia](#) anonymous helpline

1800 01 1800

National Voice for Aboriginal and Torres Strait Islander Children

[SNAICC](#)

03 9419 1921

Parenting help

[Healthy WA](#)

[online form](#)

[Raising Children Network](#)

[Ngala](#)

9368 9368

Outside metropolitan area 1800 111 546

[FREE RESOURCES — Educate2Empower Publishing \(e2epublishing.info\)](#)

safe4kidssongs

Safe4kidssongs videos are based on Protective Education designed to help share positive messages of safety for children. These Child Safety videos are made by Children from the Imanpa and Amoonguna communities of the Central Desert and can be accessed using the links below:

[Red Flags – written by children from Kalaringi](#)

[Think Before You Post – written by children in Santa Teresa](#)